Spring Focus: Friendships and Relationships

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A note from Ms. Evelyn, Ballet West Academy Director

As we have begun a new year and are welcoming a beautiful spring, I am thrilled to be leading Ballet West Academy. My vision for our students is to give the highest level of instruction, so they are empowered to follow their dance dreams with solid technical abilities, artistry, and musicality. I am so proud of the work in the studios and throughout the productions from our talented faculty, administrators, staff, and students.

As part of our commitment to develop strong students from the beginning, I am working with a learning development team to prepare a unique curriculum which focuses on the dancer’s physical, cognitive, and emotional development which, when blended with a strong classical technique, will lead to exceptional age-appropriate training for our children.

Each month, instructors and dancers are given the opportunity to explore thematic concepts geared toward developing individual strengths both inside and outside the studios. It is my hope that, through these monthly communications, you as families will be able to encourage and build upon the experiences your dancers are having in the studio.

Thank you for your continued support. I look forward to seeing you all at the performance in May!

Evelyn Cisneros-Legate
Academy Director
WINTER HIGHLIGHTS

WINTER INVITATIONAL

In January, our Trolley Corners and Ballet Centre dancers gave an extraordinary performance at Juan Diego Catholic High School and featured dancers from age 3 to our Trainee Division. The matinee opened with “Rhymes of Olde” for our youngest performers and was followed by “Le Corsaire Suite” for our level 1-4 artists. The evening production featured Level 5 through Professional Training Division and Trainee dancers, performing Abdallah, Don Quixote Suite, A Folk Tale, Flamenco, and Violin Concerto. It was an evening replete with a multitude of styles and it was spectacular!! The greatest joy for a dancer is to be on stage under the warmth of the lights performing with their fellow dancers for an audience. Giving the performance experience to our students is an essential element of their training, and we are happy to provide these types of opportunities. Here is a taste, with Some Sailors Went to Sea!

RHYMES OF OLDE
Beginning & Elementary dancers joined together for this delightful collection of Old English children’s rhymes, narrated and set to lively classical tunes from the 17th and 18th centuries. Choreography by Connie Smith.

LE CORSAIRE SUITE
A swashbuckling tale of pirates, pilgrims, and shipwreck, performed by Levels 1-4 dancers from Ballet West Academy Trolley Corners Campus. Choreography by Sergeyev, after Petipa. Adapted & staged by Ballet West Academy Faculty.

DON QUIXOTE & OTHER SELECTIONS
Excerpts from the beloved Don Quixote (Petipa); Abdallah and A Folk Tale (Bournonville); Flamenco (Petipa); and Violin Concerto (Anthony Sellars). Performed by Level 5 through the Professional Training and Trainee Divisions.
ALL-CAMPUS PERFORMANCE

The highlight of March was the annual Contemporary Performance, which provides the opportunity for all campuses to come together in the performance of original works. Presented at the Grand Theatre in downtown Salt Lake City, choreographers included Tonia Blomquist, Ashley Creek, Natalie Desch, Stacey Mahan, Sawyer Player, and Nichele Woods.

PEGGY BERGMANN PARK CITY CAMPUS

For your Entertainment

Choreography by Sawyer Player

BARBARA BARRINGTON JONES FAMILY FOUNDATION THANKSGIVING POINT CAMPUS

Echoes on the River
Choreography by Nichele Woods

JESSIE ECCLES QUINNEY BALLET CENTRE

Toward the Dawn
Choreography by Nichele Woods
SPRING THEME: FRIENDSHIPS AND RELATIONSHIPS

Throughout the Spring, the faculty have been encouraging students to connect with their peers and create a positive learning environment. All levels explore this idea through discussion, exercises, and class activities for their age. Most classical story ballets have main characters who have friends—such as Swanilda and her friends in the ballet *Coppélia* and the friends of the main characters in Romeo and Juliet. During this thematic season, faculty are utilizing music from these ballets in the Beginning and Elementary levels.

BEGINNING LEVELS:
Our youngest dancers in the Beginning A class will enjoy working together as a group while connecting in circles and moving in unison. The Beginning B & C classes will explore friendships by improving skills in “taking turns” and sharing the space with dancers.

ELEMENTARY LEVELS:
The Elementary A & B students will practice working in pairs. Elementary C & D:
Locomotive steps that travel in patterns relating to the dancers around them. This class will also study relationships within their own movement; for example, they will examine how the arms and legs connect in the execution of steps.

LEVELS 1-4:
Levels 1 & 2 will practice steps that travel in opposite directions to other dancers and create symmetry in positions. Levels 3 & 4 will be encouraged to observe and celebrate the dancers as they train together. During this month, teachers hope that each student will take the time to give each fellow dancer in class a genuine compliment about their dancing or behavior in the Academy.

LEVEL 5 through Trainee:
Dancers in Level 5 and above will expand upon this idea and improve their own skills by modeling something done by an admired peer in class—perhaps a specific step, technique element, or specific behavior of a fellow student in class or rehearsal.
FRIENDSHIPS AND RELATIONSHIPS

At-Home Resources

Much as teachers in academic programs give students homework to reinforce concepts learned in class, Ballet West Academy encourages parents and children to form positive, cooperative friendships with fellow dancers. A dance company is only as strong as the bonds between its dancers, and the seeds of these bonds are planted early in a dancer’s training. This is why we suggest that the skills of developing and maintaining friendships be strengthened and reinforced at home. Try discussing some of these resources on your way to and from the studios:

For Beginning Levels:
A Dance of Friendship
Angelina Ballerina has a new friend joining her ballet class!
Written by Katharine Holabird
Illustrated by Helen Craig

For Elementary Levels:
Ballet friends join the club #2
Book #2 in the Ballet Friends Series, by Kitty Michaels

INSPIRING Links!
“5 Favorite Ballet BFFs”
“Networking Know-How”
Coppélia – The Friends’ Dance
CHOREOGRAPHIC WORKSHOP
June 14 – July 16, 2021 (Full)
Directed by BW First Soloist Allison DeBona and Ballet West Principal Artist Rex Tilton, the Choreographic Workshop consists of BWA’s first 3-session followed by a 2-week choreographic workshop, culminating in a world-premiere performance. Designed to offer dancers a company environment, the Choreographic Workshop is by invitation only for dancers 16 and older.

ABOVE: BALLET WEST ACADEMY SUMMER INTENSIVE, art’EMOTION, AND CHOREOGRAPHIC WORKSHOP

BALLEWEST ACADEMY SUMMER INTENSIVE
June 14 – July 16, 2021 (Full)
This Intensive is designed for serious dancers ages 13-21 who desire individualized instruction. The Ballet West Academy Summer Intensive dancers to improve their ballet technique and study other dance forms that complement classical ballet. Our program offers a unique opportunity to be considered as candidates for Ballet West’s Professional Training Division and Trainee Program.

YOUNG DANCER SUMMER INTENSIVE – PARK CITY, UT:
The Park City YDSI is for dancers between the ages of 10-14. Dancers can expect a rigorous 2-week program designed to prepare them for their transition into pre-professional training. The program includes daily technique, variations, and supplemental classes taught by Ballet West Academy’s world-renowned faculty and acclaimed guest artists.

BALLET WEST ACADEMY & art’EMOTION SUMMER INTENSIVE
Overnight intensive experience for ages 13-17, with housing provided at Dixie State University. Registration open to public, first come/first serve.

*Classes Offered: Technique, pointe, variations, seminars, partnering, contemporary, hip-hop, choreography, character, and more!

Additional age 18+ years of age adult ballet intensive with classes in all levels. No experience required.

art’EMOTION ADULT INTENSIVE
Art Emotion offers a one-week Adult Ballet Summer Intensive in SLC, Utah, held at Ballet West. Advanced, intermediate, and beginning level classes will be offered. No prior dance experience is required. Half- and full-day options available. Classes include ballet, contemporary, pointe, jazz, modern, acting, men’s and women’s variations.

(Photo by Logan Sorenson)
SOMETHING FOR EVERYONE:

Salt Lake Summer Workshops
Park City Summer Workshops
Thanksgiving Point Summer Workshops

BUILD-A-BALLET!

ACCELERATED BALLET!

BUILD-A-BROADWAY!

DISCOVER DANCE and DANCE EXPLORATION!

THEATRE ROW!

CONTTEMPORARY WORKSHOP!

It’s not too late to secure your spot for:

ST. GEORGE SUMMER INTENSIVE
SUMMER WORKSHOPS
SUMMER VIRTUAL ACADEMY
From the Principal
Dear Parents and Students of the Park City Campus,

I cannot thank you all enough for the warm welcome. As I now am full time at the campus, I have loved meeting the students and experiencing their energy and love for dance.

The Nutcracker and Contemporary Showcase were fantastic, and we had a fabulous experience at the Artists Simply Human competition. We now are preparing for our spring concert, which will showcase our young dancers as well as the versatility of all of our students in hip hop, jazz, contemporary, and tap. The second half of the performance will be a suite from the lively classic ballet Don Quixote.

Under the guidance of our director, Evelyn Cisneros-Legate, we are focusing on implementing the principles of the Ballet West Academy syllabus and curriculum to continue providing the best ballet instruction.

I look forward to a super season!
Heather Fryxell
Campus Principal | Associate Director of Adaptive Dance

“
I have loved experiencing their energy and love for dance.”

STUDIO NOTES:
PLEASE REMEMBER that attention to the dress code, proper hair, and only small stud earrings for jewelry are important in dance etiquette and allow the student the best uniform to hone their skills. Students are also asked to stand up from stretching and to silence all conversations when an instructor enters the room. The students have been very cooperative in this endeavor, and your help as parents in backing these protocols is much appreciated.

SUMMER WORKSHOPS AT PARK CITY!
From the Principal

The contemporary showcase proved a great success! I am appreciative to the families for their help and support. I hope you all enjoyed a happy Spring Break.

The faculty and students are excited to be preparing for the Spring Production! As we transition from winter to spring, please ensure your dancer is dressed appropriately for the varied temperatures.

Thank you for remembering to send your dancers with their water bottles and yoga mats. We look forward to the rest of the season and an exciting summer!

Heather Thackeray
Principal

We are excited to be preparing for the Spring Production!”

Level 5-8 dancers with guest instructor KATHRYN MORGAN

SUMMER WORKSHOPS
AT THANKSGIVING POINT!
From the Faculty

We love spending time with your dancers in the studio! What a privilege it is for us as faculty to teach and mentor these excellent children. For those who participated in the performances of Rhymes of Olde, Le Corsaire Suite, and the Contemporary Showcase, thank you for your hard work, thoughtful behavior, and beautiful dancing!!

We are excited to be working with new Academy Director, Evelyn Cisneros Legate on implementing the principles of the Ballet West Academy syllabus to continue providing the best ballet and dance instruction. Part of what makes BWA such a special institution is our attention to detail. With that in mind, we ask that you as parents/guardians help your student to adhere to the BWA dress code and to remember to not send students to class with any jewelry, nail polish, or hair accessories. This is especially important during our current situation due to Covid-19, as we must limit personal possessions left in the studios.

Thank you all for the outstanding support of your dancers!

Cynthia Ridler
Faculty
From Faculty and Staff

We're almost across the finish line! After a year of social distancing, masks, and vaccinations, the end of the season is almost upon us. Each and every one of you have reasons to celebrate having made it through one of the strangest years in our lifetimes, and here at Ballet West Academy, there is only one way to celebrate...through dance!

The Spring Show is only a couple of weeks away, and we are looking forward to putting a magnificent finale on a difficult year.

Congratulations on your strength, discipline, and fortitude. Thank you for your flexibility and courage. It is an honor and privilege to work with such fine young artists.

Faculty and Staff
Ballet West Academy
CONGRATS ARE IN ORDER!

YOUTH AMERICA GRAND PRIX
March 2021

A Little Trio
Choreography by Christopher Sellars
Performed by Taelor Fjeldsted, Dylan Gaddis, and Daniela Jovanovic-Hacon
2nd Place Ensemble, SLC, UT
3rd Place Ensemble, San Diego, CA

Kyra Stafford, Senior Classical, 3rd Contemporary, Top 12
Grayson Jenkins, Senior Classical, 1st
Lund Fuller, Senior Classical, 2nd
Solomon Fishman, Senior Classical, 3rd
Mia Anastasia Petkovic, Junior Contemporary, 3rd; Classical, Top 12
Weston Collins, Junior Classical, Top 12
Naomi Steele, Junior Classical, Top 24
Taelor Fjeldsted, Junior Classical, Top 24
Annabelle Jackman, Pre-Comp Classical, 1st Place; Contemporary, Top 12
Dylan Gaddis, Pre-Comp Classical, 1st Place (San Diego); Classical, 2nd Place (Salt Lake City); Contemporary, 2nd Place
Daniela Jovanovic-Hacon, Pre-Comp Classical, 3rd Place; Contemporary, Top 12 (San Diego)
Gabriel Brown, Pre-Comp Classical, Top 12
Isabelle Latimer, Pre-Comp Classical, Top 12

INTERNATIONAL OPPORTUNITIES!

Paris Opera Ballet School:
Summer Intensive Full 100% Tuition Merit Scholarship & Housing:
Lund Fuller and Mia Petkovic
Summer Intensive Acceptance:
Caroline Love and Weston Collins

The Royal Ballet School:
Full 100% Tuition Merit Scholarship & Housing:
Roo Jacobsen
Summer Intensive Acceptance:
Stasha Petkovic

Dutch National Ballet School:
Summer Intensive Acceptance:
Dayne Collins

ARTISTS SIMPLY HUMAN (A.S.H.)
March 2021

Judges’ Choice: An Overabundance of Nostalgia; Studio Selection: Dans Macabre; Standout Routine: Ne Me Quitte Pas; Duck Duck Goose; Spanish Harlem; Gopher; Dans Macabre
Choreography Pick: Complex Monster; Tainted Love; Entertainment Pick: Throwing Darts; Broken Hearts Club; Jump in the Line; ASH Apprentice: Mia Sosnowski; Apprentice Runner-Up: Sophia Kenton; Cleo Abbott; Studio of the Weekend: Ballet West Academy Park City Advanced; ASH Nationals Scholarship:
Molly Skaggs; Kaitlynn Hoffman; Gibson Hochhauser; Quinn Fitzgerald; Lena Polster; Payton Herman; Reagan Abbott
One of the most unique components of Ballet West Academy is that it provides an opportunity for young dancers to learn and perform roles from classical repertoire as well as new and original works in an atmosphere that replicates a full company experience. Our Spring Showcase is a diverse representation of this. With historical, classical, cultural, and contemporary works, the dancers have worked hard and are excited for you to see what they have been rehearsing!

**UPCOMING EVENTS**

**FROM CLASSICAL TO CONTEMPORARY, MASTERWORKS THROUGH THE AGES**

MAY 6th, 7th, & 8th, 2021  
Rose Wagner Performing Arts Center

Presented by the Jessie Eccles Quinney Ballet Centre & the Trolley Corners Campus

**Featuring:**  
George Balanchine’s “Western Symphony®,” A Folk Tale, Swan Lake Suite of Dances, and S-T-I-T-C-H-I-N-G Levels 5-8, Professional Training Division, and Trainee Division

May 6th, May 7th, and May 8th, at 7 pm

George Balanchine’s “Waltz of the Hours®,” with La Fille mal gardée  
Elementary B through Level 4

May 7th and May 8th, 2021, 2 pm

Petite La Fille mal gardée  
Beginning A through Elementary A

May 8th, 2021, 11 am

**THE LANDSCAPE OF OUR SOULS**

May 15th, 2021  
Juan Diego Catholic High School

Presented by the Peggy Bergmann Park City Campus

**Featuring:**  
George Balanchine’s “Waltz of the Hours®” & Don Q Suite for Ballet

May 15th, 2 pm and 7 pm

**IT’S ABOUT TIME**

MAY 21, 2021  
Rose Wagner Performing Arts Center

Presented by the Barbara Barrington Jones Family Foundation Thanksgiving Point Campus

**Featuring:**  
George Balanchine’s “Waltz of the Hours®” and other works

May 21, 2021, 4 pm and 7:30 pm

**SPRING SHOWS**

**PRESENTED BY THE JESSIE ECCLES QUINNEY BALLET CENTRE & THE TROLLEY CORNERS CAMPUS**

**Featuring:**  
George Balanchine’s “Western Symphony®,” A Folk Tale, Swan Lake Suite of Dances, and S-T-I-T-C-H-I-N-G Levels 5-8, Professional Training Division, and Trainee Division

May 6th, May 7th, and May 8th, at 7 pm

George Balanchine’s “Waltz of the Hours®,” with La Fille mal gardée  
Elementary B through Level 4

May 7th and May 8th, 2021, 2 pm

Petite La Fille mal gardée  
Beginning A through Elementary A

May 8th, 2021, 11 am

**PRESENTED BY THE PEGGY BERGMANN PARK CITY CAMPUS**

**Featuring:**  
George Balanchine’s “Waltz of the Hours®” & Don Q Suite for Ballet

May 15th, 2 pm and 7 pm

**PRESENTED BY THE BARBARA BARRINGTON JONES FAMILY FOUNDATION THANKSGIVING POINT CAMPUS**

**Featuring:**  
George Balanchine’s “Waltz of the Hours®” and other works

May 21, 2021, 4 pm and 7:30 pm
RETURN TO THE STAGE!!

CHOREOGRAPHIC FESTIVAL
MAY 12-16
Audiences will see dancers and choreographers exploring their art form in intriguing and cutting-edge new creations. This year, the festival will showcase an exciting first-time collaboration between the Sundance Institute and Ballet West as well as a world-premiere contemplative work by choreographer Matthew Neenan.

FOR MORE INFORMATION
VISIT
www.balletwest.org
or call
801.869.6900
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